

# Llanelli 1/2 MARATHON

2009

15th March 2009



## Llanelli Triathlon Club Llanelli Waterside 1/2 Marathon

Race Start at 11:30am - Millennium Coastal Park Festival Fields

### Event Details

- A marshalled, **traffic free** course with water stations, mile distance markers and time display clock
- **Fast** course within the award winning Millennium Coastal Park; suitable for runners of all abilities
- Electronic **Chip** Timing
- **Memento** to all finishers and **trophies** for category winners
- **Cash prize** for male & female race winners
- Toilets, **parking** and refreshments available at event
- **Beautiful scenery** with views over the Loughor Estuary to the Gower Peninsular
- **1st aid cover** provided by St. John Ambulance
- **NO ENTRIES ON THE DAY**
- For **further details** please visit [www.HalfMarathon.org.uk](http://www.HalfMarathon.org.uk)

ENTRY DETAILS **MUST** BE COMPLETED ACCURATELY, CLEARLY AND IN FULL

Surname:- \_\_\_\_\_ First Names:- \_\_\_\_\_  
Address 1:- \_\_\_\_\_ Address 2:- \_\_\_\_\_  
Town / City:- \_\_\_\_\_ County:- \_\_\_\_\_ Post Code:- \_\_\_\_\_  
Telephone:- \_\_\_\_\_ **Email:-** \_\_\_\_\_  
Male / Female (Insert M or F)  Age (On day of race)  DOB:- \_\_\_\_\_  
UKA Affiliated (Insert Yes or No)  UKA Registration Number:- \_\_\_\_\_  
First Claim Club:- \_\_\_\_\_

Senior category male (Please circle)  Senior  V40  V50  V60  Wheelchair Athlete   
Senior category female (Please circle)  Senior  V35  V45  V55  Wheelchair Athlete

**Entry Fee:-** Affiliated to Welsh Athletics or UK Athletics - **£16** Not Affiliated - **£18**

**Closing date** for postal entries is:- **5th March 2009**. **Cheques** made payable to:- **Llanelli Half Marathon**

**Race numbers**, timing chips, and pre event information to be posted in advance of event.

Donation to **Macmillan Cancer Support** (Please **separate** from event payment and enter sum in box  £)

**PLEASE ADVISE** where race found:- \_\_\_\_\_

**DECLARATION:-** I declare that I will abide by the rules of UK Athletics. I will be 17 years or over on the day of the race. I accept that the organisers will not be responsible for any loss, damage, action claim, costs or expenses which may arise in consequence of participation in this event, however caused. I further declare that you may use my name, voice or picture in any broadcast, telecast, promotion or other account. I consent to the use of my name or records pursuant to the Data Protection Act 1998

**Signed:-** \_\_\_\_\_ **Date:-** \_\_\_\_\_

**Please return entry forms to:-** Tim Gasser, 64 Pennant, Swiss Valley, Llanelli, Carmarthenshire. SA14 8EW

**Or contact Tim:-** Tel:- 01554 758036 **Mob:-** 07796 684094 **Email:-** enquiries@HalfMarathon.org.uk

If preferred you can enter on-line at .... [www.RunnersWorld.co.uk/LHM](http://www.RunnersWorld.co.uk/LHM)

Held under UK Athletics rules: Race permit no:- TBA Certificate of course accuracy no:- TBA